

USA Edition

Soccer

Rules & Positions

FOR
DUMMIES®

United States Soccer
Federation, Inc.

Michael Lewis

National Alliance
For Youth Sports

with Greg Bach

in a
day

***Soccer Rules &
Positions In A Day***
FOR
DUMMIES®

**by United States Soccer Federation, Inc.,
and Michael Lewis;
and National Alliance For Youth Sports
with Greg Bach**



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Table of Contents

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<i>Introduction</i>	1
What You Can Do In A Day	1
Foolish Assumptions	2
Icons Used in This Book.....	2
Chapter 1: Getting Started with Soccer	3
Soccer: The Basics	4
Checking out fouls and kicks.....	4
Keeping an eye on the game clock	5
Surveying the Field	6
That's the Way the Ball Bounces	8
Size does matter.....	9
The cost and quality factor	9
Dressing the Part: Uniforms	10
The must-have clothing	10
Why shoes can make or break your game.....	11
How soccer uniforms are numbered.....	12
Why goalkeepers don't match the team	13
The World Cup: The Greatest Show on Earth	13
Chapter 2: Taking Up Positions.	15
Saving Grace: The Goalie	16
Providing Support: The Sweeper	18
Defending the Turf: Fullbacks	18
Linking the Team: Halfbacks	19
Filling the Net: Forwards	20
Chapter 3: Rules of the Game	21
Following the Rules.....	21
Keeping time.....	22
Starting the game.....	22
Keeping the ball in play	23
Throw-ins.....	23
Corner kicks	24
Goal kicks	25
Staying onside	25
Penalty Calls and Their Results	28
Outlining the major fouls.....	28
Detailing minor fouls and violations	29

Paying the price for fouls.....	30
Seeing what's in the cards	31
Interpreting the Ref's Hand Signals	32

Chapter 4: Performing Amazing Foot Feats: Dribbling and Shooting35

Dribbling: Easy to Learn, Difficult to Master	35
Knowing when to dribble.....	36
Dribbling do's and don'ts	36
Changing directions	38
Deciphering dribbling problems.....	39
Shooting Your Way to a Goal.....	39
Knowing when to shoot	39
Ready, aim, shoot	40
Shooting the ball with the instep.....	40

Chapter 5: Sharing the Ball: Passing, Receiving, and Heading45

You Take the Ball: Passing.....	45
Delivering two types of passes	46
Diagnosing what went wrong.....	48
Gimme the Ball: Receiving	49
Cushioning at impact	49
Foot	49
Thigh	50
Chest	51
Troubleshooting receiving	52
Thinking on Your Feet: Heading.....	53
Using your noggin.....	53
Correcting heading errors	55

Chapter 6: Protecting the Goal57

Stopping the Opposition	58
Catching the ball.....	58
Punching the ball.....	61
Parrying the ball	62
Saving penalty kicks	62
Correcting goaltending errors	64
Positioning: Being in the Right Place at the Right Time.....	64
Distributing the Ball.....	65

Chapter 7: Where to Go from Here67

Taking Your First Steps.....	67
Visiting dummies.com.....	68

Introduction

Soccer is a universal sport. People all over the world play it (and in some countries they call the game football or *futbol*). *Soccer Rules & Positions In A Day For Dummies* introduces you to the basic skills and concepts of the game. Here, you can find out all about the different positions, the rules, and the skills it takes to play — or simply watch! — this oh-so-exciting game.

In this book, we explain all of this information without getting too technical and with the aid of photos and illustrations so you can understand the game better. We also provide links to online content that can enrich your understanding of soccer. We want you to be in the know so you can love this game, whether it's being played on your neighborhood soccer fields or in one of the huge professional arenas filled with die-hard fans.

What You Can Do In A Day

The goal (no pun intended) of *Soccer Rules & Positions In A Day For Dummies* is to help you understand the basics of soccer. And you can do so in about a day's time, whether you fill a free afternoon or you dip in and out whenever you find a few spare minutes. We explain the rules of the game; introduce the different player positions; and cover the fundamentals of dribbling, passing, and other essential soccer moves. We wrap it all up with a look at how goalkeepers prevent the other team from scoring.

You can read the chapters straight through and get an overview of the rules and the skills soccer players need, or you can dip in and out, focusing on one aspect of the game — say, working together as a team — and then moving on to the next topic. How you use this book is up to you!